



# HONG KONG ARCHERY ASSOCIATION 香港射箭總會

香港 銅鑼灣 掃桿埔 大球場徑一號 奧運大樓 1010 室  
Room 1010, Olympic House, 1 Stadium Path, So Kon Po,  
Causeway Bay, Hong Kong. Tel : 2504 8148 Fax : 2577 7349  
E-mail: hkaa@archery.org.hk http://www.archery.org.hk

## 通告

### 射箭理論及教練指導參考書借用事宜

致各會員：

本會已購置不同類型之教練參考書供各會員借用參考，現階段只限在總會借閱，暫不設外借服務。以下為書籍名單：

名稱 Title	作者 Author
Archery anatomy: an introduction to techniques for improved performance	Ray Axford
Total Archery	Kisik Lee, Robert De Bondt
Total Archery : inside the archer	Kisik Lee, Tyler Benner
Periodization 5th Edition : theory and methodology of training	Tudor O. Bompa
Sports medicine and science in archery	Emin Ergen, Karol Hibner
射箭/ 中國體育教練員崗位培訓教材 China Sports Coaches Post Training Teching Material	中國國家體育總局
Successful coaching - 4th Edition	Rainer Martens
FITA Coaching Manual : Entry Level	
FITA Coaching Manual : Intermediate	
The Heretic Archer	Vittorio & Michele Frangilli
Mastering Compound Bows	James Park
Mastering Bow Tuning	James Park
Mastering Archery Technique Analysis	James Park
Mastering Archery	James Park
Core Archery: Shooting With Proper Back Tension	Larry Wise
On Target for Tuning Your Compound Bow (4th Edition)	Larry Wise
Precision Archery	Steve Ruis, Claudia Stevens
Archery Traditions of Asia 亞洲傳統射藝 - 百步穿揚	謝肅方

有興趣之射手，歡迎親臨本會借閱。如有任何查詢，請致電 2504 8148 與秘書處聯絡

香港射箭總會秘書處  
二零一三年三月八日