

2016 WAA Archery Coaching & Technical Seminar

Dear Presidents/ Secretary Generals of WAA Member Associations

WAA would like to invite WAA member associations to the 2016 WAA Archery Coaching & Technical Seminar which is organized by WAA development committee.

- 1. Seminar: Archery Coaching & Technical Seminar
- 2. Date: June 25~27, 2016 (3 days)
- 3. Venue: Taipei, Chinese Taipei/Fullon Hotel & National Taiwan Sports University (NTSU)
- 4. Contents i) Scientific aspect of archery coaching
 - -Exercise physiology in archery
 - -Exercise sociology
 - -Biomechanics in archery skills
 - -Archery organization and management
 - -Sports and exercise medicine
 - -Mental and psychological aspect of archery shooting
 - -Weight training for archery
 - -Archery injuries and rehabilitation
 - -Archery performance diagnostic
 - -Taping and immunoendocrine in archery
 - ii) Archery shooting skills teaching workshop
 - iii) Other contents related to archery coaching matters
- 5. Participants: WAA support accommodation for max 4 officials/ member associations during 4 nights
- 6. Condition i) Over registration and over stay should be covered by concerned MA or own
 - ii) Arrival (check in) on June 24 and departure (check out) on June 28
- 7. Registration: no later than May 31, 2016 (asianarchery@sports.or.kr)
- 8. Visa & pick up: For visa support and pick up, please contact to

Sung Ho

Chinese Taipei Archery Association (archers@ms26.hinet.net)

I expect your active participation, and register within the due date for the smooth preparation. Thank you.

Best regards,

Sung-ho Um

Secretary General

WAA